

## God's Best

"How To Stay Spiritually Hungry"

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Message Notes: Aldersgate UMC



God blesses those who hunger and thirst for righteousness, for they will be satisfied. Matthew 5:6

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night.

They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.

Psalm 1:1-3 (NLT)

## How To Stay Spiritually Hungry

### 1. Refuse Spiritual Junk Food

"Hey there! All who are thirsty, come to the water! Are you penniless? Come anyway—buy and eat! Come, buy your drinks, buy wine and milk. Buy without money—everything's free! Why do you spend your money on junk food, your hard-earned cash on cotton candy? Listen to me, listen well: Eat only the best, fill yourself with only the finest." Isaiah 55:1-2 (MSG)

"My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water." Jeremiah 2:13 (NIV)

### 2. Explore God's Love For You

May you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

Ephesians 3:18-19 (NLT)

The LORD will march out...like a warrior he will stir up his zeal...

Isaiah 42:13 (NIV)

### 3. Link Up With A Small Group

So—join the company of good men and women, keep your feet on the tried and true paths.

Proverbs 2:20 (MSG)

Don't be fooled by those who say such things. If you listen to them you will start acting like them. Do not be misled: "Bad company corrupts good character." 1 Corinthians 15:33 (TLB/NIV)

As iron sharpens iron, so a friend sharpens a friend.

Proverbs 27:17 (NLT)